CONTINUING MEDICAL EDUCATION
The University of California, San Francisco (UCSF), School of Medicine, is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates the Minifellowship for a maximum of 16.5 AMA PRA Category I Credits™ and the Update for 6 credits. Each physician should claim only credits commensurate with the extent of their participation in the activity.

Pharmacists licensed in the state of California receive continuing education course credit through the California Accreditation for Pharmacy Education (provider number 193). The California Board of Registered Nursing recognizes continuing professional education courses approved by the AMA. Dietitians also receive course credit.

OBJECTIVES
After attending the Lipid Disorders courses, participants will be able to better manage cardiovascular disease risk factors in patients with lipid disorders. Additional objectives for the Minifellowship and Updates can be read on our website. (Click on Education and then Lipid Disorders Training Center and then Course Objectives.)

LOCATION
The J. David Gladstone Institutes is located at 1650 Owens Street, San Francisco, CA 94158.

DIRECTIONS & PARKING
Directions and parking lot location are available on our website at www.gladstone.ucsf.edu. Parking is available for a fee.

SUGGESTED HOTELS
Hotel fees are the responsibility of the registrant. A special arrangement with hotels has not been established. Please see our website for a list of hotels near the Gladstone Institutes. (Click on Education, then Lipid Disorders Training Center and then Suggested Hotels.)

SUPPORT
This program is presented in affiliation with the American Heart Association. This CME activity is supported in part by educational grant(s) from Merck, Inc., and Merck Schering-Plough, LLC.

Thomas P. Bersot, MD, PhD
Mikelle McCoin, MPH, RD

Minifellowships:
- MME0902B January 29–31, 2009
  - $300 Physicians
  - $150 Pharmacists, Nurses, Dietitians
- MME0902C June 4–6, 2009
  - $150 Physicians
  - $75 Pharmacists, Nurses, Dietitians
- MME1002A October 15–17, 2009
  - $300 Physicians
  - $150 Pharmacists, Nurses, Dietitians

Updates:
- MME0903B May 9, 2009
  - $150 Physicians
- MME1003A December 5, 2009
  - $75 Pharmacists, Nurses, Dietitians

Registrant’s Name
MD
DO
RN
PharmD
RD
RD
Other Specialty
MD
DO
RN
PharmD
RD
Other Specialty
Mailing Address
City
State
Zip

Work Tel (       )                        Fax (       )    E-mail

Payment Method:
- Check or money order payable to UC Regents
- VISA/MasterCard
- American Express

Card Number      Expiration
Authorized Signature

Birthday: month day

REGISTRATION

American Heart Association
Gladstone Institute of Cardiovascular Disease

Lipid Disorder Training 2009
How to Manage Cardiovascular Disease Risk Factors
Minifellowships
January 29–31, June 4–6, October 15–17
Updates
May 9, December 5

Mikelle McCoin, MPH, RD
The Lipid Disorders Courses are educational opportunities designed specifically for cardiologists and other physicians, pharmacists, nurses, dietitians, and other providers who are interested in learning more about managing various lipid disorders.

Lecturers

Thomas P. Bersot, MD, PhD, is an associate investigator at the Gladstone Institute of Cardiovascular Disease, where he conducts research in HDL metabolism. He is a clinical professor of medicine at the University of California, San Francisco (UCSF) and director of the Lipid Clinic at San Francisco General Hospital.

Mikelle McCoin, MPH, RD, is a consulting nutrition educator at the Gladstone Institute of Cardiovascular Disease and a lecturer in nutritional sciences and toxicology at the University of California, Berkeley. She counsels patients with dyslipidemia, evaluates research, and teaches on the management of dyslipidemia.

The one-day Updates are designed for graduates of our basic course and as an advanced lipidology course for cardiologists, endocrinologists, and others experienced in the management of dyslipidemic patients.

The Updates provide the latest information from clinical and basic research. Specific topics are chosen based on newly available, practical information.

Minifellowships

Subjects discussed during this two-and-a-half-day course include lipid treatment guidelines, diagnosis of various dyslipemias, dietary and pharmacologic treatments for lipid disorders, features influencing treatment, and results of recent clinical trials.

A unique feature of the Minifellowship is a one-day demonstration clinic in which course participants see Gladstone Lipid Clinic patients and analyze their treatment.

2009 Lipid Disorders Minifellowships
January 29–31
June 4–6
October 15–17

AGENDA
Thursdays 8:00 am – 4:30 pm
Continental Breakfast and CME Registration
Structure, Composition, & Metabolism of Plasma Lipoproteins
Primary Hypercholesterolemia Disorders
Triacylglycerol Disorders and Secondary Hyperlipidemia
The Rationale for Treatment: Epidemiology and Clinical Trials
Lunch (included)
Nutrition Recommendations for Dyslipidemia
Pharmacologic Treatment of Hyperlipidemia and Review of Treatment Guidelines
Atherogenesis

Fridays 8:30 am – 3:30 pm
Continental Breakfast
Demonstration Clinic
Lunch (included)
Basic Dietary Assessment Techniques
Discussion of Clinic Patients

Saturdays 8:30 am – noon
Continental Breakfast
Additional Lifestyle Therapies
Special Populations: Patients with Low HDL Cholesterol Levels, Elderly, and Women
Case Presentations

9 Category 1 Credits

FOR MORE INFORMATION, contact the UCSF Office of CME at (415) 476-5808 or Gladstone at (415) 734-2026, or visit our website at www.gladstone.ucsf.edu.

TO REGISTER, complete the registration form on the reverse side.

Please return registration form with payment to:
UCSF OCME
Box 45368
San Francisco, CA 94145-0368

Registration form may be faxed with credit card payment to (415) 502-1795.

To comply with CME accreditation requirements, registration is done through the UCSF Office of CME.

REGISTRATION FEE

Registration fees can be found on the registration form. Make the check or money order payable to UC Regents. The registration fee includes all instructional materials, planned group meals, and CME certificate. Hotel accommodations, transportation, and parking fees are the responsibility of the registrant.